**COPING Method: Student**

(Add additional sheets if necessary)

Name:

Control Is the person who acted out is back under emotional and physical control before discussing the incident. \_\_\_\_\_ Yes \_\_\_\_\_ No

Are they okay?

Do they need medical attention?

Orient: What happened? Be nonjudgmental; Listen to the perspective of the staff and individual who acted out. What could have been done to prevent the crisis?

Patterns: What triggers the behavior? Look for a pattern of past behavior.

Investigate: Are there any alternatives to the inappropriate behavior and resources that could be helpful in making behavioral changes? What could be done to prevent future seclusion/restraint for this student or others in similar situations?

Negotiate: Does the person understands what h/she can do instead of displaying inappropriate behavior. Include in your contract consequences for positive and negative behavior. Are there any precipitating factors we should know?

Give: What support is needed? Were you able to build rapport and strengthen your relationship with the individual and restore dignity back? Were they able to go back to school?

Comments: